

Your pathway to fun! Great parks, great programs, great events, all family friendly!

Volume 1, Issue 11

November 2014 Newsletter

What's Inside

Featuring:

* November: Diabetes Awareness

This month, we're giving you some information about diabetes. More on page 2.

* Events Still to Come In 2014

We still have a few events before the end of the year! Check out what's happening starting on page 4!

Social Media:

- * Facebook facebook.com/richmondparks
- * Twitter
 @RichmondINParks
- * Instagram
 @richmond_parks



Additionally:

- * General Information
- * Facility Rentals
- * ADA requirements
- * Staff Directory

Cooler weather is coming



The days are feeling brisk! It seems like we're changing to winter way too fast! But that doesn't have to mean the fun stops!

Stay tuned to our social media pages to stay updated about upcoming

events. We're on Facebook, Twitter and Instagram!

As always, please be careful of those enjoying the outdoors when driving through the parks. We have many walkers, runners, children and families in our park on a daily basis.

Keep a watchful eye and drive slow for your own safety and the safety of others!

Until our next Parks Department Newsletter, take care and enjoy all the activities happening in Richmond!

www.richmondindiana.gov

November: Diabetes Awareness

More than 29 million Americans have diabetes, and about 86 million more are on the verge of the disease. People with diabetes are nearly two times more likely than people without diabetes to die from heart disease, and are also at greater risk for kidney, eye and nerve diseases, among other painful and costly complications.

In type 1 diabetes, the body does not make insulin. In type 2 diabetes — the most common type, which has increased along with the obesity epidemic — the body does not make or use insulin well. A third type, gestational diabetes, occurs in some women during pregnancy. Though it usually goes away after the birth, these women and their children have a greater chance of getting type 2 diabetes later in life.

As the number of people living with type 2 diabetes grows — and the disease has begun to affect young people — identifying safe

to affect young people — identifying safe and effective treatments is key to improving the health of people with diabetes and its complications and those at high risk for the disease. **Information from National Institutes of Health website.



What's happening to raise awareness around

Richmond? The Diabetes Walk will take place on November 8 at the Glen Miller Park Golf Course!

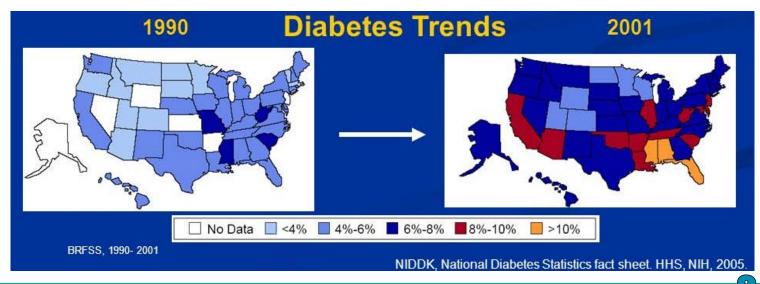


Photo Recap





Halloween Howl -We had a blast dressing up and seeing all the amazing costumes at the Halloween Howl! Around 122 children participated in the costume contest, and we gathered 390 canned good items to donate to Circle U Help Center!





Suicide Prevention Walk-(Above) We were the host site for the Out of the Darkness Suicide Prevention Walk on Oct. 25. Above is a photo of the remembrance balloon release.

Helping Hands -

(Right) Richmond High School students helped spread mulch on our Glen Miller playground! Their help was much appreciated!

More Photos of these events and others at Facebook.com/ **RichmondParks**



Upcoming Events: 2015 Rentals



Shelters can be reserved for 2015 dates beginning on November 5th! Make sure to call us (983-PARK) or visit our office in Glen Miller Park to reserve the shelter you want! The shelters are easy to reserve, and we're more than happy to answer your questions!

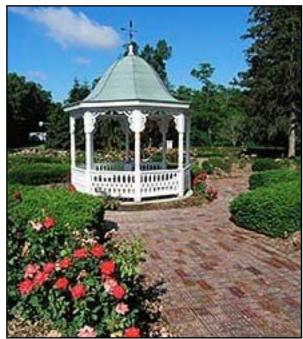
You can host birthday parties, anniversary parties, bridal showers, baby showers, reunions, weddings in the Rose Garden, and more! We just might have the perfect shelter for your next event. Indoor and outdoor shelters available. Please check out our website to see what shelters we have and their amenities.

Some dates go fast, so make sure to reserve your date as early as possible!









Shelters available in Glen Miller Park, Springwood Park, Mary Scott Park, and Middlefork Reservoir

Upcoming Events

Proceeds benefit Park Department summer programming in honor of longtime park employee Rosemary Weigel.

The Rosemary Weigel FROSEMARY Weigel

Saturday, December 6, 2014 - Richmond Indiana

A beautiful run/walk through the luminaries in Glen Miller Park with holiday music, performances, and hot chocolate!







weehallenge.or

New with the Frostbite 5K:

**Child discount for children under 12 years of age! **New race course that finishes with a dash down Buffalo Hill!

About the Frostbite 5K:

Our race begins near twilight in Glen Miller Park, setting the scene for a beautiful evening run through the park as thousands of luminaries light the way.

For the area's runners, it is the last chance to be able to compete in the last race in the Wayne County Challenge, bringing to an end the year's eight 5K race commitment. For the walkers, it's a 5K like no other.

Being the only evening run/ walk in the Wayne County Challenge gives us the perfect backdrop to light the park with luminaries, play holiday music throughout the race, serve



hot chocolate, and showcase performances throughout the event.

With us, you're risking Frostbite, but it's an experience you don't want to miss!

The Rosemary Weigel Frostbite 5K is special to the Richmond Parks and Recreation staff. Our race is named after Rosemary, a long-time park employee, who passed away February 2012 after battling cancer. We can think of no better way to keep her spirit alive than to name our 5K after

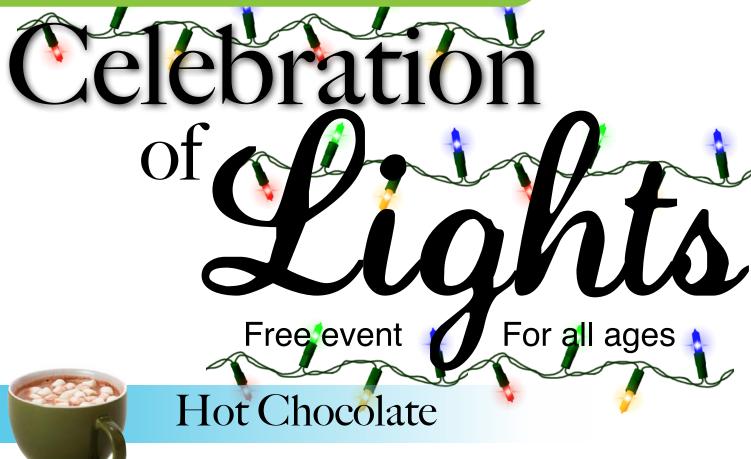
her. She was always a fixture at the races and very involved in our programs.

More Information:

5:00 pm Race Start \$20 pre-registration/\$15 child (ends November 23) \$25 day of race/\$20 child

For more information about the Frostbite 5K, including the new route this year or parking, visit facebook.com/richmondparks.





Luminaries lighting the park

Carriage rides around the lake





6 - 9 p.m. 111

Stamm Koechlein Grant

The Foundation

According to published statement on their website, "The

Foundation actively serves a the communities of our board members, especially Richmond, Indiana and Stamm Koechlein Family the surrounding areas. We support non-profit community organizations that enhance the vitality of the community, especially for young people."



Grant Recipient

This year, we were the happy recipients of a Samm Koechlein Family Foundation award! Our Just Us Kids Outdoors (JUKO) program received \$8,000 to help cover expenses!

It is only though donations, community support, and grants like this that make the JUKO

program possible.

Thank you so much Stamm Koechlein Family Foundation! With this grant, we will be able to continue to offer the program for free and provide a fun summer day camp for children in Richmond! This generosity is much appreciated by not only our department, but also the children and parents who attend JUKO!

Learn More

Learn more about the Stmm Koechlein Family Foundation at www. stammkoechlein.org.

General Information

Our Mission...

Richmond The Parks and Recreation department provides for the positive development and well being of the Richmond community through the provision parks, greenways, trails and recreational programming facilities while working in cooperation with other service providers partners in the community to maximize all available resources.

Volunteer!

We need volunteers to assist us at many of our events. Volunteer tasks may include: setting up and running children's games, leading arts and crafts, monitoring lines, tearing down, etc.



To show appreciation for the hours of service donated by our volunteers, we have created an incentive program. Organizations can sign up for the program and then we will keep a log of hours donated. These hours can then be traded for facility rentals. If you would like more information, please contact our office today!

Get in Touch!

Let us know your comments or concerns! You can contact us through postal mail, phone, email, or you can come visit us in person!



2200 East Main Street Glen Miller Park (next to playground) Richmond, IN 47374

Telephone:

(765) 983-PARK (7275)

Monday - Friday; 8 a.m. - 5 p.m. (expect holidays)

Email:

parks@richmondindiana.gov

Website:

richmondindiana.gov, navigate to the Parks Department page

Other Numbers:

- * Cordell Municipal Pool: 983-7292
- *Middlefork Reservoir: 983-7293
- *Richmond Community Senior Center:

983-7300

Facility Rentals

Your Event in the Park

We have enclosed and open-air shelters throughout Richmond. Let one of our cabins, outdoor shelters or pavilions be the host of your special event! From birthday parties to bridal showers to church gatherings, our facilities are perfect places for your groups to meet. Rent by calling (765) 983-7275 or stopping by the Parks Office in Glen Miller Park.

- ** Most enclosed rentals include indoor restrooms and kitchen facilities.
- ** A \$50.00 key/damage deposit is required for enclosed facilities when you pick up your key.
- ** All Open Air Shelters have a 50 percent discount on weekdays (except holidays).

Glen Miller Park

Enclosed Facilities:

Mac's Shack: Capacity: 36

Rate: \$60.00 Holiday Rate: \$85.00

Charles House: Capacity: 40

Rate: \$70.00 Holiday Rate: \$95.00

*Handicap Ramp; A/C

Don's Cabin: Capacity: 66

Rate: \$70.00 Holiday Rate: \$95.00

Glen Miller Band Shell: Certificate of Liability Required

\$275.00/day; \$200 deposit

Open Air Shelters:

Medium Shelters (#3,7-11): Capacity 36 - 54 \$45.00

Large Shelter (#4): Capacity 96

\$45.00

X-Large Shelter (#2): Capacity 120

\$55.00

Rose Garden Gazebo:

\$100.00

Starr Gennett Building

Enclosed Facility: Capacity 600 Certificate of Liability Required \$275.00/day; \$200 deposit

Mary Scott Park

Enclosed Facility: Capacity: 42

Rate: \$70.00 Holiday Rate: \$95.00

Open Air Shelter: Capacity 36

\$45.00

Springwood Lake Park

Enclosed Facility: Capacity 150

Rate: \$150.00 Holiday Rate: \$175.00

Open Air Shelter: Capacity: 36

\$45.00

Middlefork Reservoir

Enclosed Facility: Capacity 54 Available April 1– October 31

Rate: \$65.00 Holiday Rate: \$95.00

Open Air Shelters:

Medium Shelter (#1): Capacity 40

\$45.00

Large Shelters (#3, 4): Capacity 54

\$45.00

Other:

Richmond Senior Community Center -

Call 983-7300 Cordell Municipal Pool -

Call 983-7292

Notice Under the Americans With Disabilities Act

In accordance with the requirements of Title II of the Americans with Disabilities Act of 1990 (ADA), the City of Richmond, Indiana, will not discriminate against qualified individuals with disabilities on the basis of disability in its services, programs, or activities.

Employment: The City of Richmond, Indiana does not discriminate on the basis of disability in its hiring or employment practices and complies with all regulations promulgated by the U.S. Equal Employment Opportunity Commission under Title I of the ADA.

Effective Communication: The City of Richmond will generally, upon request, provide appropriate aids and services leading to effective communication for qualified persons with disabilities so they can participate equally in the City of Richmond programs, services, and activities, including qualified sign language interpreters, documents in Braille, and other ways of making information and communication accessible to people who have speech, hearing or vision impairments.

Modifications to Policies and Procedures: The City of Richmond will make all reasonable modifications to policies and programs to ensure that people with disabilities have an equal opportunity to enjoy all of its programs, services, and activities. For example, individuals with service animals are welcome in the City of Richmond offices, even where pets are generally prohibited.

Anyone who requires an auxiliary aid or service for effective communication, or a modification of policies or procedures to participate in a program, service, or activity of the City of Richmond, should contact the office of D. Sue Roberson, ADA Coordinator, by telephone (765-983-7244) or email (sroberson@richmondindiana.gov) as soon as possible but no later than 48 hours before the scheduled event.

The ADA does not require the City of Richmond, Indiana, to take any action that would fundamentally alter the nature of it programs or services, or impose an undue financial or administrative burden. Complains that a program, service or activity of the City of Richmond, Indiana, is not accessible to persons with disabilities should be directed to D. Sue Roberson, ADA Coordinator, 50 North 5th Street, Richmond, IN 47374, telephone 765-983-7244, or email sroberson@richmondindiana.gov.

The City of Richmond, Indiana, will not place a

surcharge on a particular individual with a disability or any group of individuals with disabilities to cover the cost of providing auxiliary aids/services or reasonable modifications of policy, such as retrieving items from locations that are open to the public but are accessible to persons who use wheelchairs.

City of Richmond, Indiana Grievance Procedure Under The American with Disabilities Act

This Grievance Procedure is established for the City of Richmond, Indiana, to meet the requirements of the Americans with Disabilities Act of 1990 ("ADA"). It may be used by anyone who wishes to file a complaint alleging discrimination on the basis of disability in the provision of services, activities, programs, or benefits by the City of Richmond, Indiana. The City's Personnel Policy governs employment-related complaints of disability discrimination.

The complaint should be in writing and contain information about the alleged discrimination such as name, address, phone number of complainant and location, date and description of the problem. Alternative means of filing complaints, such as personal interviews or a tape recording of the complaint will be made available for persons with disabilities upon request. The complaint should be submitted by the grievant and/or his/her designee as soon as possible but no later than 60 calendar days after the alleged violation to:

D. Sue Roberson ADA Coordination/Director of Human Resources City of Richmond, Indiana 50 North Fifth Street Richmond, IN 47374

Within 15 calendar days after receipt of the complaint, D. Sue Roberson as ADA Coordinator, or her designee, will meet with complainant to discuss the complaint and the possible resolutions. Within 15 calendar days of the meeting, D. Sue Roberson as ADA Coordinator, or her designee, will respond in writing, and where appropriate, in a format accessible to the complainant, such as large print, Braille, or audio tape. The response will explain the position of the City of Richmond, Indiana, and offer options for substantive resolution of the complaint.

Staff Directory

Administration Staff

Bill Thistlethwaite	Superintendent	983-7276	billt@richmondindiana.gov
Jim Dykes	Assistant, Superintendent	983-7423	jdykes@richmondindiana.gov
Christy Mosey	Business Manager	983-7271	
Sheila Mills	Administrative Assistant	983-7270	
Fay Paul	Receptionist	983-7275	

Recreation Staff

Alisha Estabrook	Community Rec Coordinator	983-7426	aestabrook@richmondindiana.gov
Leslie Hall	Senior Services Coordinator	983-7300	lhall@richmondindiana.gov
Marshall Ma	Wellness Coordinator	983-7425	marshall@richmondindiana.gov
Larry Swihart	Golf Division Director	983-7287	lswihart@richmondindiana.gov

Parks and Recreation Board

Dr. Karen Montgomery, President
Mike Foley, Vice President
Deanna Beaman, Member
Gary Turner, Member
Clay Miller, City Council Liaison

Important Phone Numbers

Maintenance Building 983-7319 Municipal Pool 983-7292 Senior Center 983-7300 Middlefork Reservoir 983-7293 Highland Lake Golf Course 983-7287